

les nouvelles  
*esthétiques*

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launched in Paris in 1952

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SKINCARE 2015  
ALL ABOUT MASSAGE  
THIS ISSUE  
FENG SHUI  
EMOTIONAL BRANDING

Lifestyle relaxation  
& Health therapies

*Spa*

skin vitality body balance



[Doc: Glasshouse]

## Glasshouse - the one-stop grooming emporium

Glasshouse is a one-stop grooming emporium created exclusively for men. With a client base stretching from London to Cape Town, this chic men-only clinic, allows for clients to have their appearance and well-being fine-tuned in a luxuriously masculine environment. The striking designer décor at Glasshouse features black leather, natural textiles, Nguni cowhides and printed wallpaper contrasting with rough loft-like finishes. Offering a range of treatments from a wet beard shave, massages, facials, pedicures and manicures, Glasshouse ensures that first-timers feel comfortable in an earthy ambience. While enjoying a manicure or pedicure, clients may relax with drinks, watching their favourite sport or news channels on a plasma screen.

Glasshouse is conveniently and centrally situated in Green Point at the trendy Foundry, with five treatment rooms. It is an intimate haven for the man-on-the-go wishing to indulge in grooming treatments in a discreet and elegant space where time seems to momentarily stand still.

For more information contact: Glasshouse on 021 419 9599

## Homme Galland by Maria Galland receives the Oscar in Skincare



The French Cosmetic business-oriented magazine, CosmétiqueMag recently presented their Oscar Awards in Paris celebrating excellence within the cosmetic industry. The awards recognise the achievements of cosmetics in the French Skincare Market, based on the quality of the product, the work accomplished, as well as the diversity and richness of the product offering. 124 nominees were selected out of the 1,538 product launches that took place in the industry in 2006. From these nominees, the jury of 22 leading skincare professionals examined and voted for the products, resulting in a total of 69 products that obtained a score high enough to enter the categories, thereafter 33 Oscars were awarded.

Homme Galland by Maria Galland was awarded the Oscar for the best Men's Facial Care (Salon Brands), which acknowledges the Homme Galland Skincare range for its impeccable quality, innovative research and scientific competence. The Homme Galland Range has a 3 in 1 active ingredient, R.T. Arctic® which nourishes, moisturises and protects

the epidermis. The range has a selection of light textures that restore comfort to the skin, and is easy and rapid to apply. Included in this range is the Face Cleanser, Hydrating Fluid, the Anti-Ageing Care and Vitalising shower gel.

For more information contact: Maria Galland S.A. on 012 347 8584

*Les Nouvelles Esthétiques no' 28 • 07*



[Doc: Thyme Workshop]

## Thyme Workshop a sanctuary for men

Thyme Workshop is an executive spa for men, situated in Midrand Johannesburg, and is committed to making a difference at a juncture when taking time out to rejuvenate is no longer an idle indulgence, but a necessity to ensure a better quality of life.

Whether it is a massage to improve your golf swing or a stress-busting facial, we all need some Thyme out to relax and revive our bodies. Thyme Workshop offers an array of treatments ranging from wet shaves, facials, manicures and pedicures, massages, to relaxation treatments such as floatation therapy, hydrotherapy, a world-class gym and medi-spa treatments including muscle injury and detox treatments.

Thyme Workshop is a sanctuary for men to retreat to, offering a professional approach to stress relief and bringing life back into balance. Men are able to find a place of peace away from stress, unhealthy lifestyles and lack of rest, as fresh air, peace, serenity, health and sanity prevail at this phenomenal spa.

For more information contact: Thyme Workshop on 011 314 4798

## Nickel Smooth Operator Shaving Gel

Nickel understands that even tough guys can be sensitive, especially when it comes to their beard and skin. Smooth Operator Shaving Gel by Nickel is ideal for every skin type and beard. The gel turns into ultra-protective profuse foam on very slightly moistened skin. Its ginger extracts makes the toughest beards stand up and salute, protecting it against razor burn and bumps, whilst its moisturising agents make skin baby soft.

For more information contact:  
Clarins on 011 809 6300



e 125 ml  
4.22 Oz net wt